

Fort Bend County Behavioral Health Services



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Who are we?



The Behavioral Health Service department is a branch of the Fort Bend Courts Administrative Services

This unique section of court administrative services offers a wide range of mental health services to not just the courts, but to those with diagnosable illnesses that find themselves coming into contact with judicial system, whether it be a criminal or child welfare matter

Behavioral Health Services works with Health and Human Services to provide clinical and administrative oversight to the 1115 Waiver Behavioral Health Projects



What do we do?

- *Work alongside the courts, criminal justice departments (adult and juvenile), emergency medical services and health and human services to improve **services** and **systems** for persons with behavioral health disorders that come into contact with Fort Bend County courts or are at risk of contact*

Examples:

- ❖ Provide court-ordered psychological evaluations
- ❖ Provide training to criminal justice, providers and the community
- ❖ Case consultation to jail, courts and other criminal justice entities
- ❖ Assist with crisis response and intervention
- ❖ Identify high utilizers and assist with case coordination and interventions
- ❖ Monitor court ordered psychological
- ❖ Identify community needs and develop needed services
- ❖ Provide oversight to 1115 BH projects

WHAT are our Goals?



- ❑ **Reduce unnecessary incarceration of persons with mental illness**
- ❑ **Reduce the length of incarceration for persons with mental illness**
- ❑ **Reduce recidivism**
- ❑ **Improve recovery and reintegration into the community**
- ❑ **Reduce trauma and deterioration in functioning – improve health**
- ❑ **Enhance and support well being of children and families**
- ❑ **Develop and evaluate systems to improve service coordination, facilitate access to needed assessments and services and expedite processing of cases**



Where did we start?



Honorable Judge Pope, 328th Court

ZERO To THREE Court Team - 2005

Fort Bend County Infant Toddler Court - 2010

Judge Bonnie Hellums

Harris County Infant Toddler Court (2010)

**Keeping Infants and Toddler Safe (KITS)
Conference (2009 to 2014)**

KITS VI

June 11 and 12th

Breaking the Cycle: Changing Lives

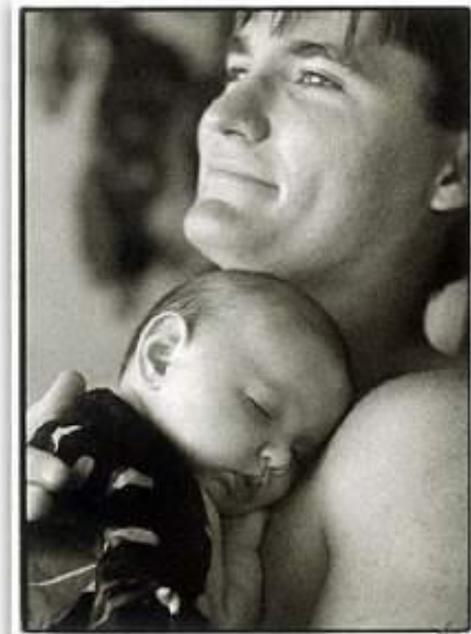
"Welcome Home"

Building Blocks of Development

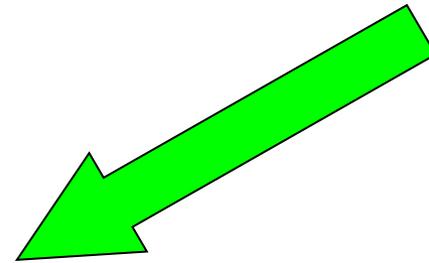


- ❑ Most of the growth of the brain occurs within the ***first 3-4 years*** after birth, and is due to the formation of those synapses or connections in the brain.
- ❑ ***Experiences*** in the first few years of life play an important role in developing healthy connections

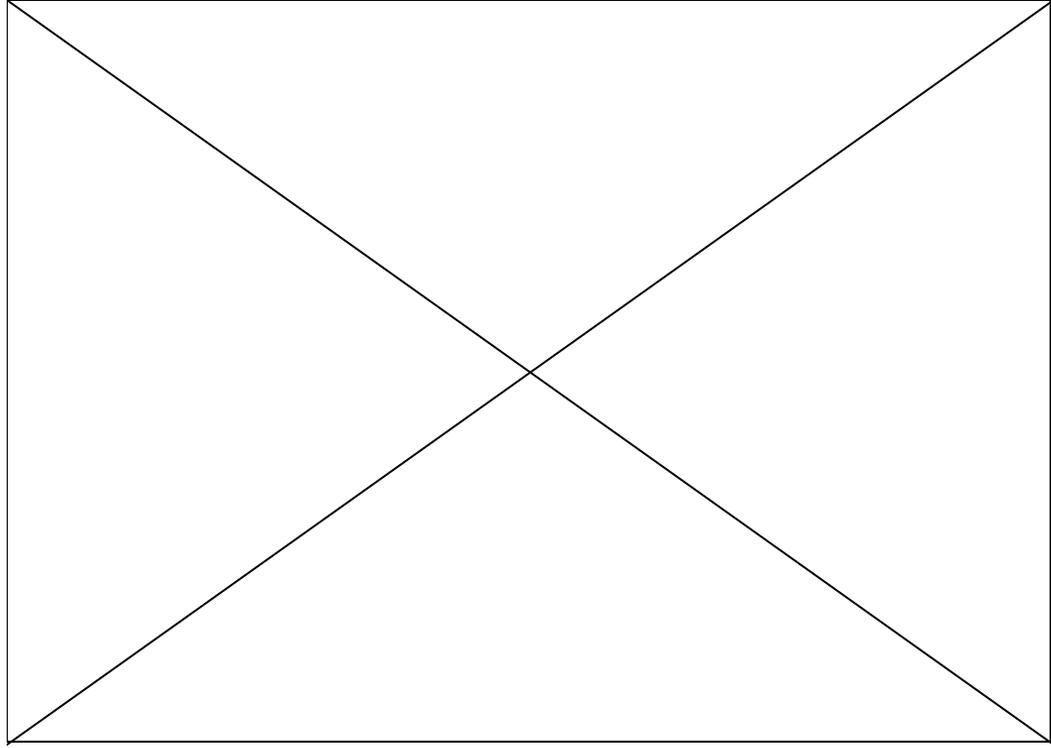
- ❖ *The child-parent relationship is core to a child's development*
- ❖ *To develop a child's mind you must first nurture a child's heart*



Caregiver Responsiveness Influences Attachment



SECURE pattern of
attachment results





Infant Toddler Court (ITC) Initiative

Our premise:

Early interventions can heal the trauma experienced by young children and support healthy parent-child bonding when possible

Stability in placement supports a child's well-being

Early assessment and interventions matter

Families experience multiple and complex needs that require integrated specialized services

What we do?

Facilitate & assess parent - child relationships

Provide training and resources to "ITC court"

Provide psychological consultation as needed by the court

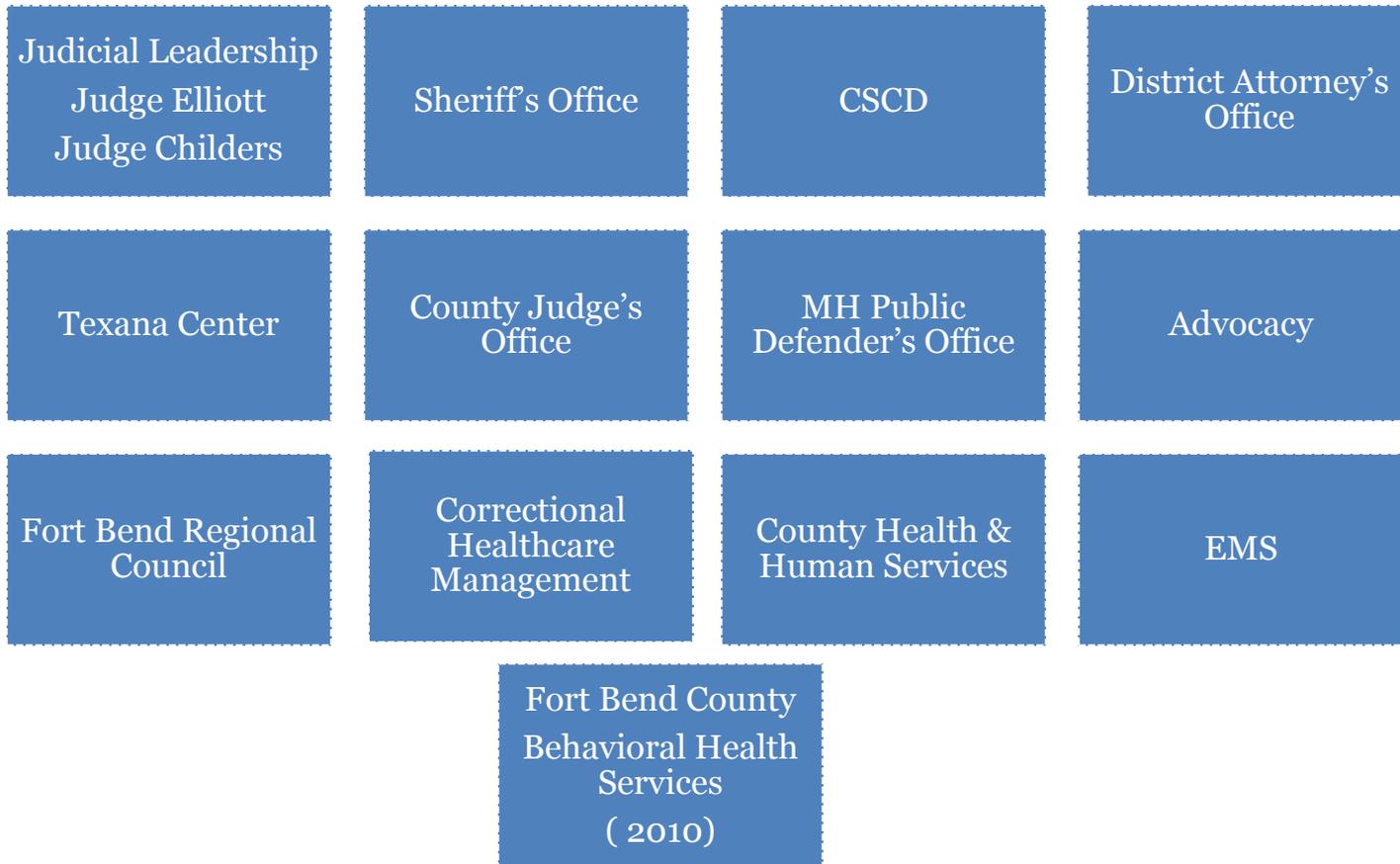
Work to develop evidence based practices and promising practices for young children in CPS

Work with partners to enhance visitation practices and services for children and families and improve wellbeing of children

"We work to break the cycle of abuse and the cradle to prison pipeline"

Where did we start?

Fort Bend Criminal Justice Initiative





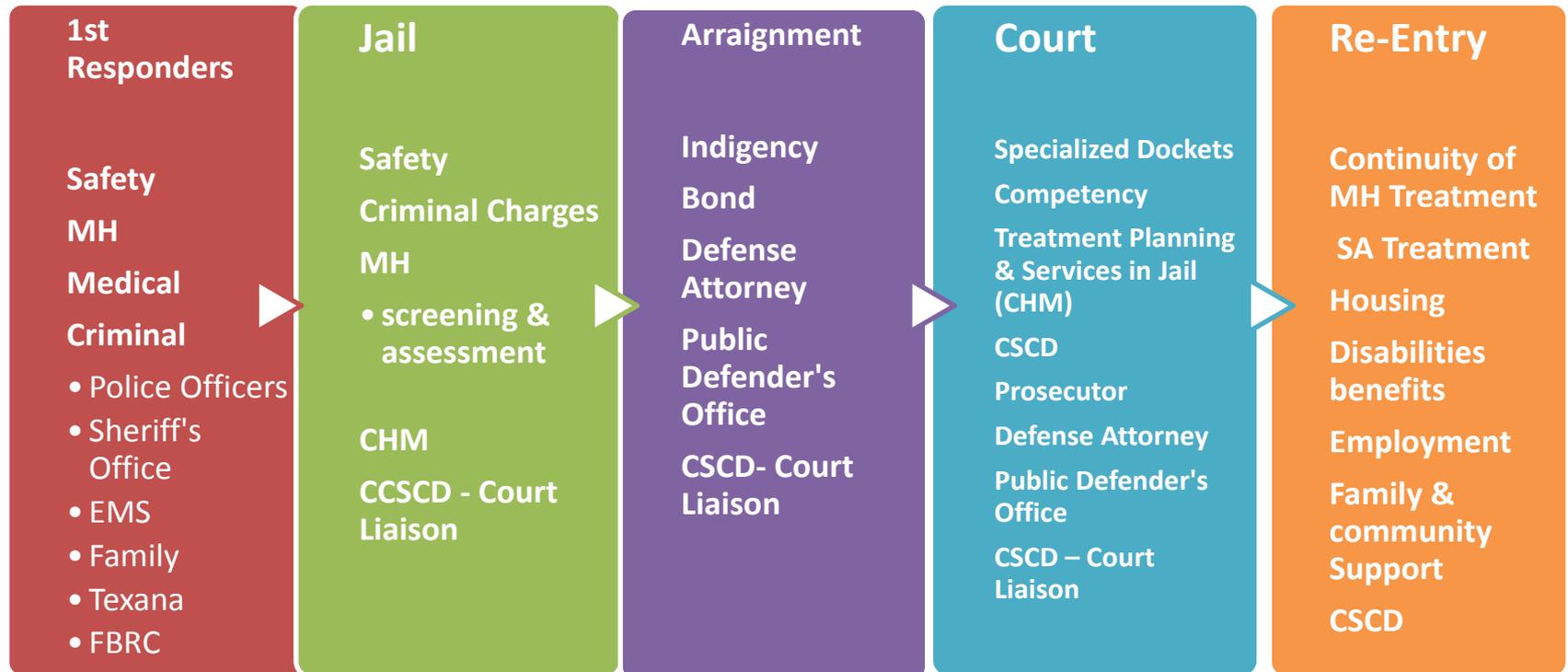
Fort Bend County
Behavioral Health Services

**Criminal Justice Mental Health
Initiative**

**Breaking the Cycle of
Incarceration for
Persons with Mental
Illness**



The Fort Bend Criminal Justice Mental Health Initiative



The Fort Bend Criminal Justice Mental Health Initiative



- **JAIL DIVERSION**

TRAINING

CRISIS SERVICES

COMMUNITY SUPPORTS & TREATMENT

- **IDENTIFY**

EARLY IDENTIFICATION OF MENTAL HEALTH OFFENDER'S IN JAIL

- **INTERVENE**

PROVIDE MENTAL HEALTH SERVICES AS NEEDED IMMEDIATELY AFTER ARREST

PROCESS CASES EXPEDIENTLY

DECREASE JAIL TIME ON APPROPRIATE CASES

- **TREAT AND SUPERVISE**

PROVIDE SUPERVISION OF MENTAL HEALTH CASES VIA THE MENTAL HEALTH COURTS DURING
CASE PROCESSING AND DURING PROBATION SUPERVISION

REDUCE RECIDIVISM

- **COMMUNITY RE-INTEGRATION**

What we know



Recent report by the BJA, NIC and the CSG, Justice Center (2012):

- Jails are becoming the largest institutions for people with serious mental illness (SMI)
 - **14.5** % males and **31** percent of females have SMI (3x higher than general population)
- Individual with Mentally illness in prisons – **16%**
- Individual with mental illness on probation - **9%**
- Individual with mental illness on parole – **7%**
- Individuals with substance abuse disorders - **68%** of all inmates met criteria for substance abuse disorder in year prior to incarceration
- Individuals with SA on probation - **40%**
- Individuals with both disorders – **72 %**
- http://consensusproject.org/jc_publications/adults-with-behavioral-health-needs/Behavioral_Framework.pdf

What we know

Mental Health and Criminal Justice



- Individuals with mental illness in jails experience increased risk for abuse, suicide, and stay longer and have higher

costs. Treatment Advocacy Center & National Sheriff's Association, *More Mentally Ill Persons Are in Jails and Prisons Than Hospitals: A Survey of the States (2010)*.

- Many individuals with mental illness commit minor public
- disturbances that lead to arrests

- For youth, the most effective programs at reducing
- recidivism exist in the community rather than in the
- criminal or juvenile justice systems. Justice Policy Institute, *The Costs of Confinement: Why Good*
- *Juvenile Justice P*

- **Crisis Care Services for Counties: Preventing Individuals with Mental Illnesses from Entering Local Corrections Systems**
- **(June 2010)**

- http://www.uwgb.edu/bhttp/tools/Crisis_Care_in_CJ.pdf *folicies Make Good Fiscal Sense (2009)*.

Mental Health and Criminal Justice



- Adults with untreated mental health conditions are eight times more likely to be incarcerated.
- Between 60 to 70% of individuals in contact with the juvenile justice system meet criteria for a mental health disorder. Sixty percent of these youth have a co-occurring substance abuse use disorder.
- For every dollar spent by federal and state governments on substance use, 95.6 cents covered costs to public programs outside of the behavioral health agency, such as criminal justice, and only 1.9 cents funded prevention and treatment programs.
- One in five school-age children have a mental health condition and 5% have a mental health condition that results in significant functional impairment.
- In 2007, one in eight or nearly 12 million emergency room visits were due to mental health and/or substance use conditions in adults.

What we can do?



- Crisis Intervention Teams and Training
- Recovery and Peer Support
- Peer Support and Certified Peer Support Specialist Training
- Family Partner Certification
- Youth Outreach
- Learning Communities
- Wellness Recovery Action Plan (WRAP) Self-Directed Planning
- Recovery-Oriented Systems of Care for Substance Use
- Military Veteran Peer Support
- Best Practice: Integrated Primary, Mental Health and Substance Use Care
- Best Practice: Prevention and Early Intervention
- Best Practice: Seclusion and Restraint Alternatives
- Best Practice: Trauma- Informed Care
- **Best Practice : Jail Diversion**
- Best Practice: Child and Family Mental Health System of Care
- Best Practice: Telemedicine/Telehealth
- Best Practice: Suicide Awareness and Prevention
- Mental Health Dockets/ Courts

Mental Health Courts

- MH - Felony
- 268th Court , Judge Brady Elliott

- MH – Misdemeanor
County Court at Law 1,
Judge Childers (2010
through 2014) Judge
Morales (2015 -)



Fort Bend County Behavioral Health Services Part II



Health & Human Services
and
Behavioral Health Services
1115 Waiver Projects



HEALTH & HUMAN SERVICES

TRANSFORMING HEALTH CARE
Right Care, Right Place, Right Time

1115 Healthcare Transformation Waiver



- **This waiver aims to:**

- Improve quality, health status, patient experience, cost effectiveness and coordination of care
- Increase access to quality behavioral health services
- Efficient and effective local solutions designed to reduce costs and improve outcomes

- **Fort Bend County was awarded 8 1115 Waiver Projects**

- Behavioral Health Services has 3 projects relating to mental health services
 - ✦ Crisis Response and Intervention
 - ✦ Juvenile Diversion
 - ✦ Recovery and Reintegration

1115 Waiver



BEHAVIORAL HEALTH:

Crisis Response and Intervention:

development of a specialized **crisis intervention team (CIT)** within Fort Bend County Sheriff's Office, implementation of cross systems training, development of services, supports and linkages.

- ✦ 275 first responders have been trained in Fort Bend County
- ✦ Final steps of Integration of data into Tiburon in process
- ✦ CIT protocols, procedures, and forms have been developed
- ✦ **CIT has seen 627 unique individuals in the first 3 months of full operation**

1115 Waiver



BEHAVIORAL HEALTH:

- **Juvenile Diversion Project:** diverts youth with complex behavioral health needs such as serious mental illness or a combination of mental illness and intellectual developmental disabilities, substance abuse and physical health issues from initial or further involvement with juvenile justice system.

1115 Waiver



BEHAVIORAL HEALTH:

- **Recovery & Reintegration:** Program to support reintegration and recovery for persons with mental illness in the community
 - ✦ Identifying the array of services and providers that are needed
 - ✦ Recovery & Reintegration Specialist position will begin December 1, 2014

Evaluation and Collaboration



- Each project has milestones and metrics that must be reported on each year. Funds will only be drawn down at the level of completion of the metrics.
- All performing providers are part of the Regional Learning Collaborative to share best practices, lessons learned.
- Regional evaluation will be based on like projects with like objectives, and on measures and metrics to show improvement in 1115 Waiver outcomes across the nine county region.

1115 Waiver



Other Waiver Projects in Fort Bend County

- **Care Coordination**
- **Colonoscopy Screening**
- **Expanded Hours of Service**
- **Screening, Brief Intervention and Referral to Treatment**
- **Community Paramedic**

Behavioral Health Services INFORMATION



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